

Family Newsletter



THIS MONTH'S THEME

Let's Go Camping

Grab your gear and hike into a camping adventure. Pitch a tent, build a fire and strum a guitar. Make these props and more every day during art. Experience the mysteries of nature as you play outdoor games and activities in this fun-filled camp.

Look for the daily notes about your child's art projects!

Today I created a sleeping bag.

Sleeping bags help protect us from the wind and cold. I used my threading skills and laced up a sleeping bag. It is important to strengthen my fine motor skills. I can pretend that I'm sleeping inside my sleeping bag and say goodnight to my friends.

ASK ME: What did you do about this project? sleep with a nightgown



Today I made a trail map.

A map is helpful when hiking in the woods. I designed my own trail map with markers and added stickers of special locations. I decorated my map according to my choice of locations. Creating a map helps build my geography skills by drawing pictures and symbols on my map.

ASK ME: What symbols or objects are on your map? Where does your map lead to?



preschool

Let's Go Camping!

AT THE CAMPSITE

Put out your fire by carefully pouring water on it when you go to sleep or plan to leave your campsite. Feel the ground around the fire to make sure it isn't warm.

FOOD AND WATER

When you're exploring outdoors, eat or drink something only if an adult says it is safe. Bring bottled water to drink. Never eat wild berries or mushrooms.

YOUR CLOTHING

Wear comfortable boots to support your ankles and avoid getting blisters. Keep your arms and legs covered to avoid insect bites and poison ivy.

Remember to pack rain gear in case of unexpected weather.

TAKE CARE AROUND WILDLIFE

Although it is exciting to spot wildlife, animals should be enjoyed from a distance. Don't go near or try to feed animals in the wild. Your food and anything else animals might smell must be packed away.

WHAT IF YOU GET LOST?

Carry a whistle and blow it if you get separated from the group. If you do get lost, wait in a safe, sheltered place for an adult to find you.



Topics your child will explore this month:

Let's Go Camping

Campsite Challenge

- Backpack 1
- Tent 2
- Sleeping Bag 3
- Campfire 4
- Guitar 5

In the Night

- 6 Raccoon
- 7 Stars
- 8 Flashlight
- 9 Moon
- 10 Bear

Down the River

- River 16
- Canoe 17
- Mosquito 18
- Fishing 19
- Rainbow 20

Happy Trails

- 11 Trail
- 12 Pinecone
- 13 Biking
- 14 Hiking Boots
- 15 Mushroom



RECOMMENDED READS

Cuddle Up WITH A GOOD BOOK

Toasting Marshmallows: Camping Poems
by Kristine O'Connell George

S is for S'mores: A Camping Alphabet
by Helen Foster James

When We Go Camping
by Margriet Ruurs

I Took a Walk
by Henry Cole

A Tent Too Full
by Stephen White



Family Activities

Camp at Home

Pitch a tent in the backyard to practice camping and go over safety procedures. If this is your child's first time sleeping outdoors, he will tend to feel more comfortable if he knows the house is just a few steps away. Backyard camping can still include tents, flashlights, snacks and stories. You can also camp inside by draping sheets and blankets over furniture. Read books and sing favorite songs while sleeping in your tent.



A-Camping We Will Go

(Sing to the tune of "The Farmer in the Dell.")

Invite your child to think of other activities to insert into the verse.

A-camping we will go,
(Pat, pat, clap.)

A-camping we will go,
(Pat, pat, clap.)

Let's pack up all our gear,
(Raise arms up high and shake hands.)

A-camping we will go.
(Pat, pat, clap.)

**Biking, hiking, fishing,
swimming, walking...**

